

Glasses/Emergency belt pouch

Need to keep your reading or sunglasses handy?
Have an allergy and want your EpiPen immediately accessible?
Nowhere to put your mobile phone?
Here's a simple and easy solution: a belt pouch.

Fabric list:

Back: 18" x 4" (recommend a hard-wearing fabric such as denim).

Front pocket: 12" x 4" (recommend a hard-wearing fabric such as denim)

Protector (optional): Faux leather 2" x 4"

Batting: Back - 9"x4"; Front - 6"x4"

Bias binding: 2½" x 22" (choose yellow for EpiPen)

Binding: 2½" x 4" (choose yellow for EpiPen)

Construction:

Back:

Fold back piece in half right side facing outwards with the longer piece of batting in between creating a quilt sandwich. Quilt with diagonal stitching.

After quilting create two 'buttonhole' belt slits. 1¾" long, ¾" in from each side, ¾" from the top.

Front pocket:

Fold pocket piece in half creating a quilt sandwich with the shorter piece of batting. Add the faux leather piece to the front if required. Quilt with diagonal stitching including over the faux leather if used.

Add binding strip along the top folded edge of the front pocket. This is so the opening is protected from wear and easy to see.

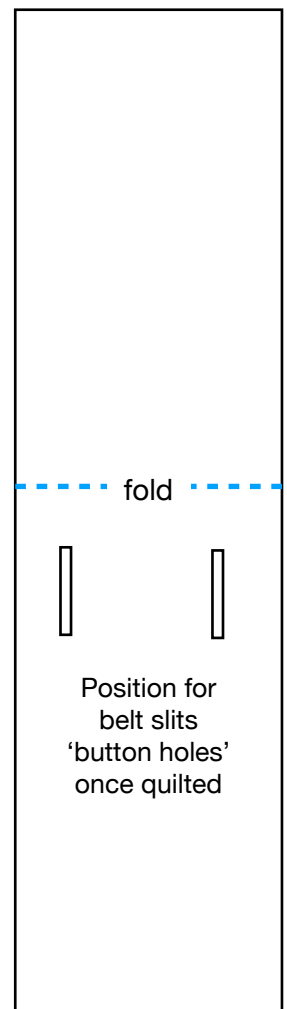
Place the front pocket onto the back, pin together.

Mark a 2" radius semi-circle (dotted line) and cut through the front pocket, faux leather and back. Sew the three pieces together using a ¼" seam allowance.

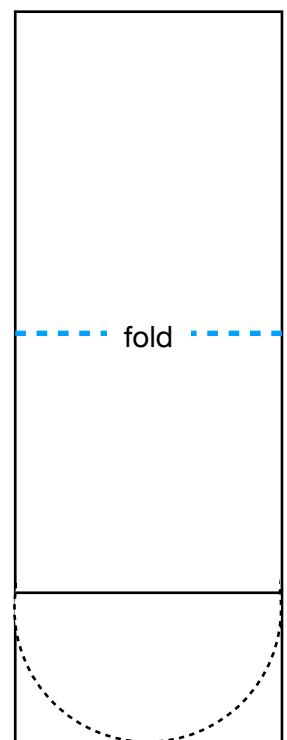
Finishing:

Bind all around using bias binding strip.

For a standard mobile phone use the same dimensions but leave the bottom straight, (width may need adjusting for some phones).



Back piece
(not to scale)



Front (pocket)
(not to scale)



Finished belt pouches, with and without the faux leather to prevent excessive wear on at the bottom of the pouch.



Alternative versions of the belt pouch. The pouch with yellow binding was made for an EpiPen, so it has a flap to enclose the pocket. The other was adapted to have a cord through the top rather than belt slots so it could be worn over the head.

